



# Crystals To Inspire



## **Amethyst**

A powerful, protective stone which enhances spiritual awareness and balances emotions.

**Chakra:** Third Eye, Crown



## **Ametrine**

Powerful mix of Amethyst and Citrine. Cleanses and regenerates on multiple levels.

**Chakra:** Solar Plexus, Third Eye, Crown



## **Angelite**

Stone of awareness and connects with the Angelic realm. Transmutes pain into wholeness.

**Chakra:** Throat, Third Eye, Crown



## **Apatite**

Manifestation, creativity and connects to a high level of spiritual guidance.

**Chakra:** Throat



## **Carnelian**

Restores motivation and vitality and stimulates creativity. Increases passion in all areas.

**Chakra:** Sacral



## **Chrysocolla**

Confidence, sensitivity, clear and truthful communication. Strong connection to Gaia.

**Chakra:** Solar Plexus, Heart, Throat



## **Citrine**

Energises every level of life. Attracts wealth, prosperity and success. Brings joy.

**Chakra:** Solar Plexus



## **Dalmatian Jasper**

Re-awakens sense of fun. Helps convert ideas into reality - great for business.

**Chakra:** Base



## **Dragon Blood Jasper**

Draws money and love. Creates a barrier against negative people. Stone of courage.

**Chakra:** Heart



## **Emerald**

Stone of inspiration and infinite patience. Enhances unconditional love.

**Chakra:** Heart



## **Fluorite**

Guards against stress, negative energies and electromagnetic radiation.

**Chakra:** Heart, Throat, Third Eye



## **Garnet**

Balances energy. Invites self-confidence. Opens to abundance and vitality.

**Chakra:** Base



## **Green Aventurine**

Comforter, healer, de-stressing, calming. Dissolves negative emotions.

**Chakra:** Heart



## **Jade**

Calms nerves. Enables sharing of love with all beings. Invites peace and abundance.

**Chakra:** Heart:



## **Labradorite**

Supports change and transformation by enhancing strength and perseverance.

**Chakra:** Throat, Third Eye, Crown



## **Lapis Lazuli**

Let your light shine. The royal stone, brings awareness of your soul and spiritual purpose.

**Chakra:** Throat, Third Eye, Crown



## **Lepidolite**

Stone of transition, creating gentleness around change. Soothes stress and depression.

**Chakra:** Third Eye, Crown



## **Malachite**

Protective stone, absorbs negative energy. Opens the heart to pure love.

**Chakra:** Heart



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## **Mangano Calcite**

Heart stone, increases self acceptance and self worth. Forgiveness, releases fear and grief.

**Chakra:** Heart Crown



## **Moonstone**

Soothes stress and stabilises emotions. Can align the feminine cycle with the lunar cycle.

**Chakra:** Solar Plexus, Third Eye



## **Obsidian**

Powerful stone of protection which can deflect energy vampires. Cuts through deception.

**Chakra:** Base



## **Rhodonite**

Compassionate, clears past emotional wounds and scars. Heals emotional shock and panic.

**Chakra:** Heart



## **Ruby**

Encourages passion for life. Helps you follow your bliss. Aids in retaining abundance.

**Chakra:** Heart



## **Shungite**

Best electromagnetic radiation protection. Cleanse and recharge in the sun regularly.

**Chakra:** Base



## **Snowflake Obsidian**

Stone of purity. Makes isolation and loneliness empowering. Aids surrender in meditation.

**Chakra:** Base



## **White Howlite**

Teaches patience and helps eliminate rage, pain and stress. Can calm an overactive mind.

**Chakra:** Crown



## **Mookaite**

Creates desire for new experiences and how to face them. Helps make the right decision.

**Chakra:** Base, Solar Plexus, Heart



## **Moss Agate**

New beginnings, releasing old fears, improves, self esteem, attracts abundance in wealth.

**Chakra:** Heart



## **Quartz**

Master Healer, amplifies your energy and the power of all crystals. Deep soul cleanser.

**Chakra:** Crown



## **Rose Quartz**

Universal love and forgiveness. Promotes self love, deep healing and inner peace.

**Chakra:** Heart



## **Selenite**

Amplifies and cleanses all other stones. Invites inner peace.

Don't get it wet - it will dissolve.

**Chakra:** Crown



## **Smokey Quartz**

Balances energy. Invites self-confidence. Opens to abundance and vitality.

**Chakra:** Base, Solar Plexus



## **Sodalite**

Expands the mind and encourages clear thinking. Enhances your intuition.

**Chakra:** Throat, Third Eye



## **Yellow Tiger Eye**

Protection and power to focus the mind with clarity. Purpose, courage, self confidence.

**Chakra:** Sacral, Solar Plexus

Your crystals can be gently cleansed under running water, under the light of the full moon and / or placing on selenite.